

# B12 DEFICIENCY

## SCREEN. TREAT. PROTECT YOUR HEALTH.

Approximately  
**48 million**  
adults are  
clinically  
B12 deficient

75-90% have  
**neurological  
disorders**

**depression  
and  
dementia**

60% of  
**pernicious  
anemia**  
patients

B12 may  
reduce risk of  
**brain  
atrophy**

Risk of  
**movement  
disorders**  
in adults and  
children

B12 deficiency is more common than you think, and is directly associated with both hematological and neurological changes, including:

- memory impairment
- early dementia
- depression
- megaloblastic anemia
- irreversible nerve damage

Up to 90% of people with a clinically relevant B12 deficiency have neurological disorders.

B12 deficiency is directly associated with neurological conditions including:

- Loss of cognitive function
- Depression
- Dementia
- Cerebrovascular disease
- Psychosis

Over 1.1 million adults have pernicious anemia, a leading cause of B12 deficiency.

An Oxford University study showed that taking B12 may significantly reduce the risk of brain atrophy that occurs in the elderly.

B12 deficiency may be associated with movement disorders in adults and children, including parkinsonism, focal dystonia, chorea, or blepharospasm.

 **ELIGEN B12™**  
(cyanocobalamin/SNAC)  
1000 mcg/100 mg tablets

For more information including customers testimonials about Eligen B12, or to make a purchase, please visit [eligenb12.com](http://eligenb12.com) or [amazon.com](http://amazon.com).